



*Serving the people of Glenelg
Since 1974*

BREAKFAST MENU

OPEN 7 DAYS A WEEK

BREAKFAST

9AM TILL 11.30AM

LUNCH & DINNER

11.30AM TILL CLOSE

**PRICING & HOURS SUBJECT TO
CHANGE WITHOUT NOTICE.**

BIG BREAKFAST 2 eggs cooked poached, fried, or scrambled with 2 bacon rashers, 3 mini chipolata sausages grilled tomato, mushroom a hash brown & 1 slice of toast.	21.9
VEGGIE BREAKFAST 2 eggs cooked poached, fried, or scrambled, spinach, grilled tomato, mushroom, baked beans & 1 slice of toast.	18.9
EGGS & BACON 2 eggs cooked poached, fried, or scrambled 2 bacon rashers and 1 slice of toast.	16.0
EGGS & TOAST 2 eggs cooked poached, fried, or scrambled.	11.0
BACON & TOAST 2 slices of grilled bacon with toast	9.0
BREKKIE BRUSCHETTA ½ a focaccia base fried egg, a rasher of bacon marinated tomato, cheese & basil.	14.5
AVOCADO SMASH Avocado & fetta smash topped on toasted continental bread with 2 poached eggs & garnished with rocket.	17.0
EGG & BACON ROLL a toasted focaccia roll filled with a fried egg a rasher of bacon & tomato sauce.	14.0
EGGS BENEDICT 2 eggs poached on an English muffin layered with ham & hollandaise sauce.	17.9
EGGS FLORENTINE 2 eggs poached on an English muffin with spinach & hollandaise sauce.	18.9
OMELETTE a mixture of 2 hearty eggs & seasoning with your choice of the following fillings served with 1 slice of toast.	
PLAIN	11.0
HAM cheese, ham & tomato.	15.9
VEGGIE cheese, spinach, tomato, onion & mushroom	17.9
MEDITERRANEAN salami, onion, fetta, sundried tomato, olives & basil.	18.9

While Mamma Carmela endeavours to accommodate request for special meals for customers who have food allergies or intolerances, we cannot guarantee completely allergy-free meals. This is due to the potential trace of allergens in the working environment and supplied ingredients.

*All gluten free food is prepared gluten free as possible
15% Surcharge applies on public holidays.
v) = vegetarian | (gf) = gluten free
All extras charaed accordinaly*



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MAMMA'S MUESLI the chefs own special blend of goodness a mixture of muesli with dried nuts & oats served with a berry compote, yoghurt & milk on the side. **12.9**

RAISIN TOAST 2 slices toasted & served with butter **8.0**

PANCAKES 2 hot pancakes served with ice cream & cream then covered in maple syrup. **10.9**

CROISSANTS a mouth – watering soft buttery pastry lightly toasted with your choice of the following.

PLAIN on its own with your choice of vegemite, jam, marmalade, or honey **7.0**

Ham & cheese **10.5**

Tomato & cheese **10.5**

Ham, cheese pineapple **11.0**

Ham, cheese, tomato **11.0**

Avocado, ham, cheese & tomato **12.5**

EXTRAS

1 BACON RASHER	2.7	WORCESTERSHIRE SAUCE	1.0	BERRY COMPOTE	5.0
1 EGG	3.8	3 CHIPOLATA SAUSAGES	4.5	BAKED BEANS	5.0
½ AVOCADO	3.0	2 HASH BROWNS	4.5	1 HASH BROWN	2.5
MUSHROOMS	3.0	½ GRILLED TOMATO	1.9	TOMATO SAUCE	1.0
CREAM	1.0	SPINACH	3.0	ICE CREAM	4.5
GLUTEN FREE TOAST	3.5	1 PLAIN PANCAKE	4.0	YOGHURT	4.5
TOAST	1.5	HOLLANDAISE SAUCE	3.0		

A variety of hot coffee, teas & cold juices also available.

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