

Breakfast Menu

7 Days a Week 8am - 3pm

*Eggs served poached, scrambled or fried

Eggs on Toast Two eggs with toast	7.90
Bacon & Eggs Two eggs, grilled bacon & toast	10.50
Eggs Benedict Toasted muffin topped with leg ham, poached eggs & hollandaise sauce	12.00
Eggs Florentine Toasted muffin topped with smoked salmon, sautéed spinach, poached eggs & hollandaise sauce	15.50
Mamma's Breakfast Grilled bacon, sausage & tomato with hash browns, two eggs, mushrooms & toast	16.50
Mamma's Omelette Baby spinach, red onion, basil & tomato with toast	11.50
Wild Berry Pancakes Pancakes topped with wild berry salsa & sweet crème fraîche to finish	9.90
Maple Pancakes Pancakes topped with maple syrup, banana & sweet crème fraîche to finish	9.90
Toast & Jam (2) Thick cut white or wholemeal toast with butter & preserves	4.90
Raisin Toast (2) With butter & preserves	5.30
Toasted Croissant With butter & preserves	5.00
Toasted Croissant With ham, cheese & tomato	7.40
Homemade Scones (2) Freshly baked scones served with Beerenbury strawberry jam & whipped cream	4.80
Mamma's Muesli Swiss style, natural blend served with yoghurt & milk	6.90
Waffles Served with maple syrup & cream or mixed berry & yoghurt	11.00
Extra's Available Hash brown (2), sausage (2), tomatoes, bacon & baked beans	2.00

Main Menu

Starters

Soup Of The Day Choice of two soups
- see specials board

Dips Homemade beetroot, black olive, hommus, taramasalata, chicken liver, satay (peanut)

2 dips **9.80** 3 dips **14.70** 4 dips **18.80**

Breads

Garlic Bread (2 slices)	4.00
Mediterranean Herb Bread On pizza base	7.90
Garlic Pizza Bread Garlic & cheese on pizza base	10.00

Bruschetta

Bruschetta (2 slices) Tomato, herbs & olive oil on served on galic bread	5.80
Bruschetta Napoletana (2 slices) Tomato, anchovies, olives, parmesan cheese, olive oil	7.90
Bruschetta Mamma (2 slices) Sundried tomato, tomato, salami, olives, chilli, olive oil	7.90
Bruschetta Alla Pizza Tomato, herbs, olive oil on a pizza base	11.50

Side Dishes

Bowl of Vegetables (GF)	9.90
Bowl of Chips Served with tomato sauce	7.90
Bowl of Wedges Served with sour cream & chilli sauce	9.50
Side Salad	4.00
Side of Chips	4.90

Salads

Garden Salad (GF) With tomato, olives, onion, cucumber & balsamic vinegar	9.50
Salt & Pepper Squid Salad With tomato, cucumber, coriander, bean sprouts, lemon & Asian Thai style dressing	19.90
Caesar Salad Lettuce, anchovies, croutons, shaved parmesan cheese, bacon & egg Add chicken	17.50 3.50
Warm Chicken Salad (GF) Grilled chicken, lettuce, avocado, tomato, onion, olives & balsamic dressing	19.90
Salt & Pepper Prawns Tomato, cucumber, bean sprouts, coriander, lemon & Asian Thai style dressing	24.90

Pasta

Penne, Fettuccine, Ravioli Ricotta, Spaghetti, Tortellini Gluten Free Pasta Available	
Napoletana Tomato, basil & a touch of garlic	15.90
Bolognaise	16.70
Puttanesca Olives, anchovies, capers, garlic & chilli in a napoletana sauce	18.90
Vegetarian Freshly cut vegetables in a napoletana sauce	18.90
Chicken Avocado Chicken, avocado, cream & spring onion	18.90
Al Pollo Chicken, sun dried tomatoes, mushroom, bacon & pesto tossed in a rose sauce	18.90
Carbonara Bacon, cracked pepper, spring onions & cream, topped with poached egg	18.90
Alla Panna Ham, mushroom, cream, parsley & parmesan	18.90
Mamma Salami, bacon, capsicum, mushroom, olives, rose sauce	18.90
Prawn Prawns in a rose sauce with spring onion & cracked pepper	24.50
Marinara Scallops, mussels, squid & prawn tossed in napoletana garlic sauce	25.50

*Deduct \$2.00 for entree

Risotto

Risotto Primavera (GF) With a selection of fresh vegetables	18.80
Risotto Pollo Al Funghi (GF) With chicken & mushroom in a cream sauce	18.80
Risotto Marinara (GF) Scallops, mussels, prawns & squid with a touch of chilli	23.90

*Deduct \$2.00 for entree

Porterhouse Steak (approx 300grms)

Grain Fed Porterhouse Steak served with your combination of vegetables, chips or salad	26.00
Dianne Sauce	3.80
Mushroom Sauce	3.80
Green Peppercorn Sauce	3.80
Gravy	3.00

Chicken & Beef Schnitzel

Served with your choice of chips & salad OR vegetables	
Parmigiana Crumbed, fried, covered with napoletana sauce & mozzarella cheese	19.80
Mamma's Covered in fresh chopped tomato, basil, garlic & mozzarella cheese	19.80
Plain Served with fresh lemon wedge	18.00

Grilled Chicken Breast or Pan Fried Scallopini

Served with your choice of chips & salad OR vegetables	
Al Vino (GF) Pan fried with white wine cream sauce	19.80
Marsala (GF) Pan fried with sweet marsala sauce	18.90
Al Funghi (GF) Pan fried with mushroom & red wine sauce	19.80
Pizzaiola (GF) Pan fried with onions, basil, olives, capsicum & napoletana sauce	19.80

Seafood

Calamari Fritti Fried calamari with chips & salad	18.90
Garlic Prawns (GF) Spring onion, parsley & garlic creamy sauce, served with rice & salad	24.90
Chilli Prawns (GF) spring onions, parsley, garlic & chilli in a rose sauce served with rice & salad	24.90
Crumbed Prawns Served with chips & salad	24.90
Fish Of The Day See specials board. Not available for entree	POA

*Deduct \$2.00 for entree

House Specialities

Cannelloni Pasta tube with ham, chicken egg & parmesan cheese, served with napoletana sauce. Not available for entrée	15.90
Spinach Lasagne	16.50
Lasagne Filled with ham, cheese & beef served with napoletana sauce	16.50

Specials Board

See board for the chef's daily specials

(GF) - Gluten Free.

Mamma Carmela

Cafe Pizzeria Est. 1974

OPEN 7 DAYS A WEEK - Breakfast, Lunch & Dinner
8:00am - 9:00pm Sun to Thur | 8:00am - 9:30pm Fri & Sat

Function Room Available for up to 60 people. Please ask Staff for more details

Please order & pay at the counter quoting your table number

In a hurry? Phone & pre-order for lunch or dinner

169 Unley Rd, Unley, SA Ph: 8299 9136 Fax: 8299 9655

Focaccia

Hawaiian 9.50
Ham, swiss cheese, pineapple

Chicken 11.90
Chicken, swiss cheese, lettuce, avocado, mayonnaise

Mamma 11.90
Swiss cheese, salami, olives, tomato, capsicum, mushroom

Ham 9.50
Ham, tomato, swiss cheese

Vegetarian 11.90
Swiss cheese, avocado, sundried tomato, mushroom, lettuce, eggplant

BLT 11.90
Bacon, lettuce, tomato & mayonnaise

Schnitzel 11.90
Veal or chicken, mayo, lettuce, tomato & cheese

Croissant

Plain 5.00
With butter & preserves

Cheese & Tomato 6.50

Ham, Cheese & Tomato 7.40

Ham, Cheese & Pineapple 7.40

Calzone

Extras charged accordingly

Calzone Rustico 18.00
Pastry filled with mozzarella, salami, ham, olives, capsicum, mushroom, topped with bolognese sauce

Calzone Vegetarian 18.00
Pastry filled with mozzarella, olives, capsicum, onion, mushroom, pineapple, napoletana sauce

Calzone Pollo 18.00
Pastry filled with chicken, mushroom, mozzarella, capsicum, tomato, napoletana sauce

Mamma's Pizza's

Extras charged accordingly

Margherita 12.50 18.50 25.00
Mozzarella, fresh tomato, herbs

Napoletana 12.90 19.20 26.80
Mozzarella, fresh tomato, anchovies, herbs, olives

Australian 12.50 18.50 25.00
Mozzarella, ham, tomato

American 12.90 19.50 26.80
Mozzarella, tomato, salami

Pineapple 12.90 19.50 26.80
Mozzarella, ham, pineapple, tomato

Vegetarian 14.20 20.50 27.50
Mozzarella, tomato, capsicum, mushroom, onion, herbs, olives

Mamma's Special 14.20 20.50 27.50
Ham, mozzarella, tomato, salami, olives, mushroom, capsicum, anchovies

Seafood 15.30 21.50 28.50
Mozzarella, tomato, smoked mussels, anchovies, prawns

Smyth's Special 15.30 21.50 28.50
Mozzarella, leg ham, onion, avocado, fresh tomato

Zac's Chicken Hawaiian 15.80 21.50 28.50
Mozzarella, tomato, chicken, onion, capsicum pineapple & BBQ sauce

Meat Lovers 15.90 21.50 28.50
Mozzarella, ham, tomato, salami, bacon & BBQ sauce

Supreme 15.90 22.50 29.00
Ham, mozzarella, tomato, salami, olives, mushroom, capsicum, onion, prawns, pineapple, anchovies

*Please note no small halves available

*Gluten free pizza available

Gourmet Pizza's

Extras charged accordingly

Gourmet Special 15.90 23.00 32.50
Mozzarella, fetta cheese, sun dried tomato, prosciutto, kalamata olives, mushroom, salami, capsicum

Gourmet Chicken 15.90 23.00 32.50
Chicken, mozzarella, sun dried tomato, avocado, capsicum, BBQ sauce, fetta cheese

Gourmet Mexican 15.90 23.00 32.50
Mozzarella, sun dried tomato, salami, jalapeno, chilli, capsicum, onion, fetta cheese, sweet chilli sauce

Gourmet Vegetarian 15.90 23.00 32.50
Mozzarella, fetta cheese, avocado, sun dried tomato, kalamata olives, mushroom, artichokes, eggplant

Gourmet Seafood 15.90 23.80 33.50
Mozzarella, fetta cheese, sun dried tomato, squid, prawns, smoked mussels, anchovies

Mamma's Campagna 15.90 23.80 33.50
Minimal cheese, bocconcini cheese, roasted pumpkin, spinach, spring onion, sun dried tomato, pine nuts, oregano

*Please note no small halves available

Kids Menu

Chicken Nuggets & Chips 8.90
Served with barbeque or tomato sauce

Fish & Chips 8.90
Served with tomato sauce

Schnitzel & Chips (Chicken or Veal) 8.90
Served with tomato sauce

Spaghetti or Penne Bolognese 8.90

Bowl of Fries 4.90
Served with tomato sauce

Pizza 7.50
Cheese & tomato

Ham, cheese & tomato 7.90

Ham, pineapple, cheese & tomato 7.90