

Breakfast Menu 8am - 12pm

* Eggs served poached, fried or scrambled

Mamma's Big Breakfast Eggs, bacon, sausage (1), grilled tomato, mushroom & 2 slices of toast	13.50
Mamma's Sausage Delight Eggs & sausage (2), grilled tomato & 2 slices of toast	11.00
Mamma's Bacon Frenzy Eggs & bacon rashers (2), grilled tomato & 2 slices of toast	12.80
Mamma's Aussie Influence Eggs, baked beans, sausage (1) & 2 slices of toast	12.80

Omelette

All served with 2 slices of toast & grilled tomato

Plain just cheese	9.95
Mediterranean Salami, onion, fetta, sundried tomato, olives & basil	14.20
Ham Ham, cheese & tomato	11.50
Veggie Spinach, cheese, tomato, mushroom & onion	12.80

Bruschetta

Plain Tomato, herbs & olive oil	5.80
Brekkie Bacon, tomato, egg & cheese	10.50

Croissants & Foccacias

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Plain	4.00	6.00
Cheese & tomato	6.50	9.00
Ham & cheese	6.50	9.00
Ham , cheese & tomato	7.40	9.50
Ham , cheese & pineapple	7.40	9.50
BLT (bacon, lettuce, tomato & mayo)	9.50	11.90
BLT & egg	11.00	13.90

Cereals & Pancakes

Mamma's Muesli The chef's own special blend muesli with dried fruit, nuts, oats & goodness served with yoghurt & milk	7.50
A Choice of Cereals Served with milk	5.90
Mamma's Pancakes Hot pancakes served with ice cream & cream then covered with maple syrup	6.90

Extra's (charged accordingly) Bacon, tomato, cream, sausage, baked beans, honey, spinach, eggs, tomato, mushroom, cheese, jam & Vegemite

Main Menu

Starters

Soup Of The Day (GF) Please refer to specials board or ask staff for assistance

Antipasto Chef's selection	16.70
Oysters (GF) Natural	½ doz 15.20 1 doz 21.50
Kilpatrick	½ doz 16.80 1 doz 24.20
Prawn Cocktail (GF)	14.60
Dips Served with phoenician bread	2 dips 9.80 3 dips 14.70 4 dips 18.80

Salads

Garden Salad (GF)	9.50
Salt & Pepper Squid Salad Salt & pepper squid with lettuce, avocado, tomato & onion, with a balsamic vinaigrette	18.90
Chicken Caesar Salad	21.00
Caesar Salad Lettuce, anchovies, croutons, shaved parmesan cheese, bacon & egg	17.50
Warm Chicken Salad (GF) Grilled chicken, lettuce, avocado, tomato, onion, dijon dressing	19.50

Side Dishes

Bowl of Vegetables (GF)	9.90
Bowl of Chips Served with tomato sauce	7.90
Bowl of Wedges Served with sour cream & chilli sauce	9.50
Side of Salad	4.00
Side of Chips	4.90

Bread

Garlic Bread (2 slices)	4.00
Mediterranean Herb Bread On a 9" pizza base	7.90
Garlic Pizza Bread Garlic & cheese a 9" pizza base	10.00

Bruschetta

Bruschetta Tomato, herbs & olive oil, served on 2 slices of garlic bread	5.80
Bruschetta Napoletana Tomato, anchovies, olives, parmesan cheese, olive oil, served on 2 slices of garlic bread	7.90
Bruschetta Mamma Sundried tomato, tomato, salami, olives, chilli, olive oil, served on 2 slices of garlic bread	7.90
Bruschetta Alla Pizza Tomato, herbs, olive oil on a 9" pizza base	11.50

Steak (300grams) (GF)

Served with salad & chips	26.00
Dianne Sauce	3.80
Mushroom Sauce	3.80
Pepper Sauce	3.80
Gravy	3.00

House Specialities

Saltimbocca Alla Romana Tender veal wrapped around leg ham & mozzarella cheese, crumbed & fried with napoletana sauce	20.50
Cannelloni Pasta tube with ham, chicken egg & parmesan cheese, served with napoletana sauce (not available for entrée)	14.20
Spinach Lasagne	15.20
Lasagne Filled with ham, cheese & beef served with napoletana sauce	15.20
Eggplant Lasagne (GF) Vegetarian	15.50

Pasta

Penne, Fettuccine, Ravioli Ricotta, Spaghetti, Tortellini, Gnocchi Napoletana Tomato, basil & a touch of garlic	15.90
Bolognese Meat Sauce	16.70
Chicken Avocado Chicken, avocado, cream & cracked pepper	18.90
Al Pollo Chicken, sun dried tomatoes, mushroom, bacon & pesto tossed in a rose sauce	18.90
Vegetarian Freshly cut vegetables in a napoletana sauce	18.90
Carbonara Bacon, egg, cracked pepper, spring onions & cream	18.90
Prawn Rose sauce, prawns, spring onion, cracked pepper	24.50
Alla Panna Ham, mushroom & cream	18.90
Mamma Salami, bacon, capsicum, mushroom, olives, rose sauce	18.90
Puttanesca Olives, capers, chilli in a napoletana sauce	18.90
Marinara Mussels, prawns, octopus, squid and scallops tossed in a napoletana & garlic sauce	25.50

*Deduct \$2.00 for entree

Specials Board

See board for the chef's daily specials.

Risotto

Risotto Primavera (GF) With a selection of vegetables	18.80
Risotto Pollo Al Funghi (GF) With chicken & mushroom in a cream sauce	18.80
Risotto Marinara (GF) With mussels, prawns, octopus, squid & scallops tossed in a napoletana & garlic sauce	23.90

*Deduct \$2.00 for entree

Seafood

Calamari Fritti Fried calamari with chips & salad	18.90
Salt & Pepper Squid Served with chips & salad	19.90
Salt & Pepper Prawns Served with chips & salad	24.90
Garlic Prawns (GF) Served with salad & rice	24.90
Chilli Prawns (GF) Served with salad & rice	24.90
Crumbed Prawns Served with chips & salad	24.90
Seafood Platter Crumbed fish, calamari & prawns served with chips & salad. Not available for entree	29.50

Fish Of The Day See specials board. Not available for entree **POA**

*Deduct \$2.00 for entree

Chicken & Veal

Served with chips & salad OR vegetables	
Parmigiana Crumbed then fried with mozzarella cheese & served with napoletana sauce	19.80
Schnitzel	17.80
Al Vino (GF) Pan fried with white wine sauce	19.80
Marsala (GF) Pan fried with sweet marsala sauce	19.80
Al Funghi (GF) Pan fried with mushroom & white wine sauce	19.80
Pizzaiola (GF) Pan fried with olives, capsicum & napoletana sauce	19.80

(GF) - Gluten Free

Mamma Carmela

Cafe Pizzeria Est. 1974

OPEN 7 DAYS A WEEK - Breakfast, Lunch & Dinner 8:00am till Late
Please order & pay at the counter quoting your table number

4 Jetty Rd, Glenelg, SA Ph: 8295 4477 Fax: 8376 9191

Focaccia	
Hawaiian	9.50
Ham, swiss cheese, pineapple	
Chicken	11.90
Chicken, swiss cheese, lettuce, avocado, mayonnaise	
Mamma	11.90
Swiss cheese, salami, olives, tomato, capsicum, mushroom	
Schnitzel	11.90
Veal or chicken, mayo, lettuce, tomato & cheese	
Ham	9.50
Ham, tomato, swiss cheese	
Vegetarian	11.90
Swiss cheese, avocado, sundried tomato, mushroom, lettuce, eggplant	
BLT	11.90
Bacon, lettuce, tomato & mayonnaise	
Croissant	
Plain	4.00
Cheese & Tomato	6.50
Ham, Cheese & Tomato	7.40
Ham, Cheese & Pineapple	7.40
Extra Jams, Vegemite, etc	0.90
Calzone	
Extras charged accordingly	
Calzone Rustico	18.00
Pastry filled with mozzarella, salami, ham, olives, capsicum, mushroom, topped with bolognese sauce	
Calzone Vegetarian	18.00
Pastry filled with mozzarella, olives, capsicum, onion, mushroom, pineapple, napoletana sauce	
Calzone Pollo	18.00
Pastry filled with chicken, mushroom, mozzarella, capsicum, tomato, napoletana sauce	

Mamma's Pizza's	Sml 9"	Lrg 12"	Fam 15"
Extras charged accordingly			
Margherita	12.50	18.50	25.00
Mozzarella, fresh tomato, herbs			
Napoletana	12.90	19.20	26.80
Mozzarella, fresh tomato, anchovies, herbs, olives			
Australian	12.50	18.50	26.80
Mozzarella, ham, tomato			
American	12.90	19.50	26.80
Mozzarella, tomato, salami			
Pineapple	12.90	19.50	26.80
Mozzarella, ham, pineapple, tomato			
Vegetarian	14.20	20.50	27.50
Mozzarella, tomato, capsicum, mushroom, onion, herbs, olives			
Mamma's Special	14.20	20.50	27.50
Ham, mozzarella, tomato, salami, olives, mushroom, capsicum, anchovies			
Seafood	15.30	21.50	28.50
Mozzarella, tomato, smoked mussels, anchovies, prawns			
Smyth's Special	15.30	21.50	28.50
Mozzarella, leg ham, onion, avocado, fresh tomato			
Meat Lovers	15.30	21.50	28.50
Mozzarella, ham, tomato, salami, bacon & BBQ sauce			
Zac's Chicken Hawaiian	15.80	21.50	28.50
Mozzarella, tomato, chicken, onion, capsicum, pineapple & BBQ sauce			
Supreme	15.90	22.50	29.00
Ham, mozzarella, tomato, salami, olives, mushroom, capsicum, onion, prawns, pineapple, anchovies			
*Please note no small halves available			

Gourmet Pizza's	Sml 9"	Lrg 12"	Fam 15"
Extras charged accordingly			
Gourmet Special	15.90	23.00	32.50
Mozzarella, fetta cheese, sun dried tomato, prosciutto, kalamata olives, mushroom, salami, capsicum			
Gourmet Chicken	15.90	23.00	32.50
Chicken, mozzarella, sun dried tomato, avocado, capsicum, BBQ sauce, fetta cheese			
Gourmet Mexican	15.90	23.00	32.50
Mozzarella, sun dried tomato, salami, jalapeno, chilli, capsicum, onion, fetta cheese, sweet chilli sauce			
Gourmet Vegetarian	15.90	23.00	32.50
Mozzarella, fetta cheese, avocado, sun dried tomato, kalamata olives, mushroom, artichokes, eggplant			
Gourmet Seafood	15.90	23.80	33.50
Mozzarella, fetta cheese, sun dried tomato, squid, prawns, smoked mussels, anchovies			
Mamma's Campagna	15.90	23.80	33.50
Minimal cheese, bocconcini cheese, roasted pumpkin, spinach, spring onion, sun dried tomato, pine nuts, oregano			
*Please note no small halves available			

Kids Menu

Chicken Nuggets & Chips	8.90
Served with barbeque or tomato sauce	
Fish & Chips	8.90
Served with tomato sauce	
Schnitzel & Chips (Chicken or Veal)	8.90
Served with tomato sauce	
Spaghetti or Penne Bolognese	8.90
Spaghetti noodles with meat sauce	
Bowl of Fries	4.90
Served with tomato sauce	
Pizza	
Cheese & tomato	7.50
Ham, cheese & tomato	7.90
Ham, pineapple, cheese & tomato	7.90